

**ANNE GRADY SERVICES RESPITE DEPARTMENT
STANDING ORDERS – ADULT RESPITE (Pg 1 of 2)**

NAME: _____

The following orders must be approved by the individual's Primary Care Physician or Waterville Family Physicians. The orders may be instituted by the wing nurse in consultation with the supervisory nurse or by the supervisory nurse after careful assessment of the person staying here. When used, they must be brought forward to the active physician's orders and recorded for 72 hours. Orders contraindicated should have a line drawn through them. All orders are PRN. All oral medications should be given only per g-tube if NPO and receives only enteral feedings.

SYMPTOMS:

- 1) **Constipation:**
 - Check for impaction, PRN
 - 3rd day: increase fluids, offer prune juice
 - 4th day: Dulcolax suppository; Fleets or SS enema
 - Milk of Magnesia 30cc PRN

- 2) **Diarrhea:** (3 or more loose/liquid movements QD)
 - Immodium, 20cc STAT (4mg), 10cc (2mg) after each diarrhea stool thereafter; maximum 8 in 24 hours,
then call M.D.

- 3) **Head Injuries:**
 - Cranial assessments every 15 minutes x 4, then q1 hr. x 4, then q 4 hrs. until 24 hours from beginning of incident.

- 4) **Minor Skin Compromise:**
 - Cuts, abrasions, contusions - cleanse with Betadine or hydrogen peroxide, apply Neosporin, band-aid/dry dressing.
 - Diaper rash, irritation, dryness - Vaseline, A&D, Desitin.

- 5) **Epigastric Upset:**
 - Maalox 30cc q4 hrs. PRN

- 6) **Dyspnea:**
 - O2 given 2 liters/minute per nasal cannula or mask, PRN, maximum 45 minutes per application.
 - Alupent aerosol .2cc with 3cc normal saline q 4 hrs. STAT if wheezing present **or** Proventil aerosol unit dose.
 - Consult with supervisory nurse and notify M.D. if it continues to worsen or persists greater than 10 minutes, or if more than two aerosol treatments needed in 24 hours.

- 7) **Respiratory Congestion:**
 - Suction orally
 - Robitussin DM 10cc q4 hrs. PRN

- 8) **Nasal Congestion:**
 - Sudafed PE 1 tab P.O. Q 4hrs. Do not take more than 6 doses in 24 hrs.
 - Sudafed 30mg tab(for G-tubes dissolve in water) – 2 tabs P.O. Q4hrs. Max 240mg QD
 - * Contraindicated for individuals with diagnosis of Hypertension or Atrial Fib

- 9) **Cough:**

- Generic Robitussin DM 10cc q 4 hrs. PRN

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- 10) **Pain:**
- General – Tylenol 650mg. 1 q 4 hrs. PRN or Tylenol liquid 160mg/5ml give 20cc q 4 hrs. or 650mg. Supp.
 - Joint/soft tissue – Motrin IB 400mg q 4 hrs. PRN, Motrin Suspension 400mgs q 4 hrs. PRN.
- 11) **Temperature Above 101° Rectally or 3° or more Above the Person's Normal:**
- Tylenol 650mg q 4 hrs. PRN or Tylenol liquid 160mg/5ml give 20cc q 4 hrs. or 650mg. Supp.
 - Bed rest
 - Begin temperature graph after 24 hrs.
 - Motrin Suspension 400mgs q 4 hrs. PRN, Motrin IB 400mg. q 4 hrs. PRN
- 12) **Nausea/Vomiting:**
- Phenergan 25mg IM or suppository q 6 hrs.
 - Bed rest
 - Notify M.D. if no improvement within three consecutive doses.
- 13) **Urinary Retention:**
- Assessment 18-24 hrs. if no void.
 - Straight cath PRN using #12-#18 Fr catheter, clamp for 5 minutes if output exceeds 1000cc.
 - Check with nursing supervisor regarding contacting M.D.
 - May straight cath, PRN for UA/C&S specimens.
- 14) **Itching/Scratching:**
- Benadryl 25mg/ 12.5mg/5ml q 6 hrs. PRN – not to be given without prior approval of supervisor.
 - Hydrocortisone cream 1% top. Q 6 hrs. until healed.
- 15) **Bee Stings/Insect Bites:**
- Apply meat tenderizer poultice immediately to sting for two (2) hrs. Then apply Caladryl lotion PRN.
 - Benadryl 25mg/ 12.5mg/5ml q 6 hrs. PRN itching or swelling. Cold compress to site, PRN for 30 minutes.
 - For allergic reactions including dyspnea, facial or severe site swelling, give .3cc Epinephrine sub-Q STAT (use TB syringe) and notify M.D. STAT.
- 16) **Epistaxis:**
- Squeeze nose, tilt head forward. If persists, 1gtt of Tyzine each nare. Apply cold compress to the nose; repeat Tyzine each nare PRN.

Physician Signature: _____

Date: _____

